

LESSON 25

THE MARRIAGE BED

One of the most difficult tasks facing many women is “shifting gears.” While a man can instantly shut out the cares of the world and become intimate, a woman’s make-up is quite different. It is hard for her to change from mom and housewife into lover by simply walking through the bedroom door. It is also a challenge for many virtuous women to transform themselves from modest to “immodest”. This lesson is designed to provide Biblical counsel to help overcome these hindrances.

1. What does Hebrews 13:4 teach about sexual relations? Is the sexual relationship within the marriage wrong or dirty?
2. What is one of the primary purposes for marriage (1 Corinthians 7:2)?
3. What does 1 Corinthians 7:4 teach about the frequency and manner of intimate relations within the marriage?
4. Define defraud.
5. List the ways in which women can harm their marriages by refusal or reluctance to enjoy the marriage bed?
6. Review the lesson on modesty of apparel and conduct. What does 1 Corinthians 7:34 give you to understand when relating these principles to private hours with your husband?
7. Proverbs 7 discusses the woman of the world who will seek to steal your husband from you. What are the tools of her trade (v 10, 13-15, 16-17, 18, 21)? How can you use these tools (1 Corinthians 7:34) to your advantage?
8. While we would certainly use different terms, read carefully Song of Solomon 4:1-7 and 7:1-9. What does the man find attractive about the woman? Is your hygiene, dress, and conditioning such that he will find you desirable?

9. What do we learn from Song of Solomon 5:2-6 about a man who is “turned away at the door”?
10. What does the virtuous woman passage teach with regard to gaining weight (Proverbs 31:17, 27)?
11. Would you agree that neglecting one’s appearance may be just as much a spiritual problem as glorying in one’s appearance (1 Corinthians 9:27)?
12. List some ways Satan may gain advantage over a woman who does not keep herself “in shape”?
13. Remember, your husband chose you, not someone else. How can Satan gain advantage over a woman who is envious of other women as regards appearance (2 Corinthians 10:12)?
14. Define ravish (Proverbs 5:19). What steps can you take to strengthen your marriage in the area of intimate relations?