

## LESSON 01

### FOUNDATIONS #1

In order to gain the most from this lesson, please read Titus 2:1-5 carefully before answering the questions.

1. After thought and reflection evaluate your concept of womanhood.
2. How have your ideas about womanhood changed since you became a Christian? If you have been a Christian since you were young, how has your concept changed over the years?
3. Think of a woman you admire as an outstanding Christian. Why do you esteem her?
4. Think of a powerful woman in the secular world. Name the negative results of her influence on women.
5. Who is your favorite female character in the Bible? What characteristics does she have that makes her so admired?
6. From Titus 2:1-5 list the qualities God admires. Next to them write the opposite of those qualities.
7. How do the qualities you esteem compare or conflict with the list above?
8. All women are not ready to teach, or be a proper example, to others. What are the prerequisites according to our passage?
9. How can a woman manifest behavior as becometh holiness to God? Why do you think this quality is named first?
10. Why is control of the tongue (not false accusers) so important? Can you think of an example when God's name has been dishonored or His work hindered by a slandering woman?
11. Define temperance. Why is it important for a godly woman to be free of addiction to wine, or any excess?